RIZE What is Consent?



Key Concepts

- You are allowed to change your mind after you say yes.
- Consent to one thing does not mean consent to everything.
- If they say yes but their body language or tone of voice is showing no, this is not consent.

Explicit Consent

This form of consent is an absolute consenting 'YES' or 'NO'. This is where you are CLEARLY showing through your words and actions that it is a 'yes' or a 'no'.

Implied Consent

This type of consent is less obvious. Implied consent is where you use how they are acting or what they are doing to decide if they have said yes or no.

REMEMBER – If you don't have an explicit consenting YES, you can never be completely sure if they have consented or not.

RIZE ABOVE Further Resources





kidshelpline.com.au/teens/issues/what-consent

au.reachout.com/articles/5-things-you-need-to-know-about-sexual-consent gomcentral.elmplace.org.au/about-consent/

www.1800respect.org.au/violence-and-abuse/sexual-assault-and-violence/consent www.youtube.com/watch?v=fGoWLWS4-kU - Consent Tea